



Ronald McDonald
House Charities®
Manitoba

Home for Dinner Guidelines

How does this volunteer opportunity work?

Volunteers plan the menu, buy the groceries, bring the ingredients to the House to cook, plate and package meals for families to enjoy.

Participation Requirements and Program Guidelines

The health and well-being of children, families, volunteers, staff and the communities in which we operate are our highest priority.

Home for Dinner Groups must adhere to the following requirements:

- Home for Dinner group size limited to a maximum of 6 volunteers
- Home for Dinner hosts are required to be fully Covid-19 vaccinated
- Home for Dinner hosts must be in good health to attend and will undergo wellness check questions upon arrival and sign a health declaration prior to participation
- Mask wearing, physical distancing and hand hygiene maintained at all times
- Meals must be prepared at the Ronald McDonald House, unless delivered from a restaurant or catering service
- RMHC Manitoba kitchen is fully equipped and fully stocked with all the cookware and utensils you will need
 - If there is a special piece of equipment required, call to find out if we have it
- Groups should arrive no earlier than 4:15pm. Please give yourself enough time for food preparation. Dinner is served at 6pm
- RMHC Manitoba will confirm the number of people dinner should be prepared for
- Hairnets, gloves and aprons are provided and must be worn
- Groups are responsible for thoroughly cleaning the kitchen. Cleaning instructions will be provided by our RMHC Manitoba staff, and all hosts are expected to stay until clean-up is complete
- Groups are welcome to stay and assist RMHC Manitoba staff in serving the meal
- RMHC Manitoba staff will store leftovers

Meal Considerations

- Meals should include: salad, main course, vegetable/side and fresh fruit or dessert.
- Ingredient warnings: Please indicate, with a note, any ingredients used that are known allergens (e.g., peanuts, shellfish, etc.)
- Meal presentation: Meals are served by hosts and RMHC staff. Although many families may not be present at the time the food is prepared, all meals are thoroughly enjoyed when our families return from the hospital
- Alcohol: Volunteers are not permitted to bring, consume or cook with alcohol

Volunteer Expectations

- Photographs: Please limit photos to your group only. Due to our families' confidentiality, photos of them may not be taken
- Cancellation Policy: Your contributions through the Home for Dinner program provide an integral support to RMHC Manitoba families. If your group is unable to fulfill its commitment, please let us know no later than one week prior to your volunteer date. If you need to cancel on shorter notice, please consider having a catered meal delivered
- The families staying at RMHCMB are going through a stressful time. Please remember to respect their needs by keeping the environment peaceful and friendly

Thank you!