

heartstrings

Helping give sick children what they need most...their families.®



For Clifford and Tammy the sound of children laughing has filled their home for many years.

With six children between the two of them, the couple were awaiting the arrival of baby number seven in October 2012.

The Catagas family calls Crane River, Manitoba home and knew Tammy would have to deliver the baby in Dauphin.

"Little Emily was born October 15 and she was just beautiful."

The next day Tammy and baby Emily were discharged and the family headed home to start their new life as a family of nine.

A few weeks later when Emily stopped eating, Clifford and Tammy knew

something was wrong and rushed her back to Dauphin Regional Health Centre.

"We got to Winnipeg on Halloween – I'll never forget that date. They rushed us by ambulance and it felt like the longest drive of my life."

Clifford left his home, which was under renovation, and knew he had to leave it up to friends and family to take care of things.

After arriving at Children's Hospital in Winnipeg, the Catagas family learned they would be here for as long as it took to find out what was wrong with little Emily.

After a long first night by her bedside, Clifford and Tammy knew they had to find somewhere to stay. With no family or friends in the city, they didn't know where to turn until Clifford's mom suggested Ronald McDonald House.

"She told us it was a beautiful place and a beautiful environment. She was right!"

Tammy and Clifford were ecstatic to have a warm, comfortable space where they could bring their two young daughters Amy and Bianca. Cuddles, kisses, and time together made the siuation easier to bear.

Because of donors like you, the Catagas family has been calling Ronald McDonald House home for over five months and if they could, I know they would thank each and every one of you.

Continued on page 2...



Mom Tammy shows Emily a balloon puppy made just for her!

After rounds of tests and many uncertain appointments, sadly Tammy and Clifford learned their beautiful baby girl had a serious heart defect and would require life-saving surgery, but not until she was healthy and strong enough to undergo the procedure.

Months after their journey began, they finally got the good news: they would be flying to Vancouver in early March for Emily's heart surgery.

Both parents were overjoyed that she was strong enough to go and immediately started making preparations.

"I haven't left my baby's side since she was born and I won't be leaving her now."

Ronald McDonald House has been able to provide the strength and stability that Clifford and his family needed to get through this incredibly difficult time.

"I don't know where we would be without this place, I really don't."

Clifford and Tammy have a large support system that includes family, friends, and neighbours. But without Ronald McDonald House they would not have been able to stay together during their baby's illness.

Your donations make it possible for us to provide the comforts of home like warm baking, fresh coffee, activities like craft night for children, and nutritious meals through our Home for Dinner program.

We will continue to care for families like the Catagas', but we can't do it alone.

Will you please consider giving a gift in honour of baby Emily as she continues her journey to health?

Sincerely,

ande

Allison Kesler, CFRE Executive Director

Help us keep families together.

Name:
Address:
City:
Province: Postal Code:
Email:
Donation:
\$35\$50\$100 Other:
Payment Details
VisaMasterCardCheque (Cheques made payable to Ronald McDonald House Manitoba)
Card #
Name on card:

Expiry date: _

- Please send me information on volunteer opportunities.
- I have left a donation to Ronald McDonald House Manitoba in my will.
- I would like to speak with someone about leaving a donation to Ronald McDonald House Manitoba in my will.

Ronald McDonald House Manitoba respects your privacy. We do not sell, trade or release our mailing list or any part of the information we collect to any other party or agency.

Tax receipts are issued for donations of \$10.00 or more.

Charitable Organization Number: 10412 5323 RR0001

Mail to:

Ronald McDonald House Manitoba 566 Bannatyne Avenue Winnipeg, MB R3A 0G7

Contact:

204.774.4777 www.rmhmanitoba.org info@rmhmanitoba.org

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Fax: 204-787-4629

www.rmhmanitoba.org



Do you have your tickets to the 27th Annual Hope Couture Fashion Gala yet?

It is Winnipeg's favourite night of fashion and fun, with all proceeds going to Ronald McDonald House Manitoba and our programs.

This year's event will be held at Delta Winnipeg and promises to be another spectacular night.

Your ticket includes a three-course meal with wine, seats to the hottest fashion show in town, and opportunities to win amazing prizes.

For tickets call (204) 774-4777 or email wendy@rmhmanitoba.org

Fashion Show Presented by:



THURSDAY APRIL 18, 2013 DELTA WINNIPEG

CHAMPAGNE RECEPTION 5:30PM DINNER & FASHION SHOW 6:30PM \$150 (\$50 TAX RECEIPT) VIP PACKAGES \$1,750 (10 TICKETS)

204.774.4777 WWW.RMHMANITOBA.ORG



20th Anniversary of McHappy Day[®] Wednesday, May 8



Mark your calendars for May 8, 2013: it's McHappy Day and you're invited!

For 20 years McDonald's Restaurants across Canada have supported local children's charities at this fun event.

We are proud to be the charity of choice for participating McDonald's Restaurants throughout the province as they raise funds by donating \$1.00 from every Big Mac®, Happy Meal®, and McCafe beverage sold.

Last year with your support we raised over \$60,000 and we know we can shatter that amount with your help again in 2013.

You can volunteer your time at a convenient restaurant, purchase food or beverages for your office, or bring your family for a meal. Watch our website for more details.



Adopt-a-Room partners make a generous commitment



After re-launching our Adopt-a-Room program in 2012 we are proud to share some special rooms at the House and Family Room with our partners shown above.

The Winnipeg Jets True North Foundation selected the quiet lounge in the Family Room to support families in the hospital.

A friend of Ronald McDonald House Manitoba

FRIEND OF RONALD MCDONALD HOUSE MANITOBA

and Cargill Specialty Seeds & Oil both selected cozy bedrooms at the House to sponsor.

For an annual contribution you can make a direct impact on the love and support a family feels while they are caring for their sick child.

A limited number of bedrooms and common areas are available for adoption and we would



be happy to help you select a room that is a perfect fit with you or your organization.

For more information on our Adopt-a-Room program visit us online or contact Allison Kesler at (204) 779-9751 or allison@rmhmanitoba.org

Home for Dinner program brings families and volunteers together



Our friends at Manitoba Infrastructure had a special visit from Ronald during their dinner.

One of the ways you can make the most impact on the stressful days our families experience is by providing a Home for Dinner meal.

Every week we host at least one night where families do not have to cook for themselves and we would love to have your group come over to prepare the meal.

No cooking expertise is required! We welcome groups from companies, churches, communitiy groups, schools, and even groups of families or friends.

Dinners can be booked any night of the week but we try and ensure families have a home cooked meal at least every Tuesday and Thursday. Your group can plan a menu that is sent to the House in advance and we share that menu with families so they can look forward to your cooking.

Pots, pans, cooking utensils, and all other supplies are available in our large kitchen. A BBQ is also available in the summer months. Food must be prepared on site but can be whatever you choose.

Leftovers are left in the "Help Yourself Fridge" for families who can't make it to dinner and want to grab a bite to eat later.

For more information or to book a date for your group contact Kerry at (204) 774-4777 or kerry@rmhmanitoba.org



McDonald's corporate staff cooked up a storm for families in 2012.

Keeping more families together

We're growing by leaps and bounds! We have seen an increase in families at the House and Family Room which means we are keeping more families together.

Here are statistics for January and February 2013...

Ronald McDonald House:

- We welcomed 98 families home from all over Manitoba, across Canada, and around the world.
- 31 families had never stayed with us before and were welcomed with open arms.
- Families came to us from as far away as Lebanon and Belize.
- We accommodated families in our warm, safe home for 737 nights.

Ronald McDonald Family Room:

- We welcomed 3,398 guests to our common area for a cup of coffee and homemade baking.
- **44 families** stayed overnight in our sleeping rooms so they could be just steps away from their critically ill child.
- Our occupancy rate in the sleeping rooms was 90%

Sponsor Spotlight: Global TV Winnipeg



A relationship that started with a fashion show sponsorship has blossomed into a year-round friendship for the employees at Global TV Winnipeg.

For many years we have been proud to share fashion show promotions on air during peak times.

This sponsorship has resulted in ticket sales and ultimately an increase in donations for Ronald McDonald House Manitoba.

Recently the evening news crew at Global decided to make an extra special visit to the House and they surprised our families with an early Christmas gift - toys for the children!

Everyone was overjoyed to receive the gifts and we couldn't have been happier for the support around the holiday season.

Thank you, Global TV Winnipeg for everything you do to make our House a warm, cozy home away from home for families with sick children.



Global TV Winnipeg made the holidays extra special for families staying at the House over Christmas.



Holiday feast for families

The holidays are a special time for families everywhere, but at Ronald McDonald House that time of year holds more meaning than ever.

On Christmas Day we make sure there is a traditional turkey dinner for families and in 2012 this meal was generously provided by Julia and George Janzen on behalf of Homestead Manitoba.

Families enjoyed turkey, stuffing, mashed potatoes and all the fixings including hot gravy, of course!

Thank you, Julia and George for making holiday memories for our families.





RMH finalist at Chamber's 'Spirit of Winnipeg' awards

On March 1, 2013 The Winnipeg Chamber of Commerce held its 4th annual Spirit of Winnipeg Awards.

The event recognizes local companies and organizations for their commitment to innovation and Ronald McDonald House was pleased to be a finalist in the "Charity" category.

The event was a spectacular way for us to share our story and we were honoured to be in such great company!

Connect with us



www.facebook.com

Facebook is a social networking website that allows users to become fans of organizations and connect with them

through sharing stories and photos.

"Ronald McDonald House Manitoba"



www.twitter.com

Twitter is a social networking tool that provides users with tidbits of information from other users that

they are "following." In 160 characters or less you can send your followers status updates, information, or a fun greeting.

@RMHManitoba



www.linkedin.com

LinkedIn is a social networking website that creates connections among users that can facilitate new networking

opportunities or strengthen existing ones. Primarily used for business, users can upload resumes, change their status and find new colleagues.

"Ronald McDonald House Manitoba"

Let's celebrate volunteers at RMH



Volunteers Irene and Katrina offer cookies to families.

Ronald McDonald House was founded on the support and dedication of volunteers and that trend continues today, even after 29 years of keeping families together..

Over 160 people donate their time to ensure our organization runs smoothly. These people come from a variety of backgrounds and have so much to offer through their skills and talents.

From shift volunteers at the House and Family Room, to board members, to committee members, we truly are blessed with the very best people to support our organization.

Their hearts are always open and we couldn't do what we do for families without them.

If you are interested in joining our dynamic team please contact Kasia James, Family Room & Volunteer Manager at (204) 787-4626 or by email: kasia@rmhmanitoba.org

"It takes hands to make a house but only hearts can make a home."

Ronald McDonald House Manitoba will celebrate National Volunteer Week from April 21-27.

We are grateful for the generous contributions of our volunteers over the past 29 years.

Thank you for giving your time and helping to make our house a home!



Volunteer Lacey bakes up a storm!

In-Kind Donations

Thank you to our friends who contributed to our programs from November 2012 through March 2013.

Aubrey Allan...candy Steve Boisvert & Sylvie Ayotte...battery booster George Banjavich...Lexmark printer Grete Barthel...knitted blankets BFI Canada...weekly garbage pick-up Darcy Cantin...craft supplies Christmas Décor...outdoor decor City Bread Co. Ltd....bread Coca-Cola (Canada) Ltd....Coke products Delmar Crafts...knitted items Julie Dufresne...food items Elmwood High School...gift wrapping General Mills Canada Corporation...cereal Jean Halliday...dish cloths Kruger Products Limited...paper products Lorraine & Roger Labossiere...blanket bags Ron and Elaine Latter...gingerbread house Ivo Lopes...Toys 'R Us gift cards Agnes & Fred Luciow...toothpaste McCaine Electric Limited...electrical services McDonald's Restaurants...food supplies, turkeys McRIM Service Centre...insurance coverage

Mega Group...new beds and box springs Albina Moran...Pictures Mother Parkers Tea & Coffee...coffee, hot cocoa Lorna Normand...visit from Santa Pacific Junction School...Pampered Chef items Payworks...payroll services Petals West Inc....monthly flowers Prairie View School (Grades 3 & 4)...gifts David & Jennifer Rempel...oranges, cookies Reynolds Elementary...Christmas toys Saputo Foods Limited...milk, creamers Sobeys Cash and Carry...toys, candy, movies St. Joseph The Worker Women...knitted items Stalwart Appliances by Design...laundry soap Stampin' Up...craft nights Gordon & Marlene Stimpson...gingerbread house Marie Taylor...Dyson vaccuum TD Waterhouse Private Client Services...cookware Cheryl Telford...sheets The Winnipeg Sun...daily newspaper Winnipeg Parking Authority...parking permits

Hampers

- Yvonne & Timothy Baer
- Carman United Church
- Patrick & Janice Cyrenne
- Michele Cyrenne
- Julie Dufresne
- Chad & Cara Gillis
- Ashley Hayward
- Kids Centre Co-Op Preschool
- Les Tournesols Daycare
- Amy Legras
- MFRC Childcare
- Order of the Eastern Star Jubilee Chapter
- Kathy Perreault
- Sanford United Church
- Winnipeg Regional Health Authority

Wish List

If you would like to put together an inkind donation or hamper of household goods/food items we encourage you to use the list below.

Contact Kerry at (204) 774-4777 or kerry@rmhmanitoba.org for more details or to find out if an item has been donated yet.

- · Baking margarine
- Chocolate chips
- Sugar (white and brown)
- Raisins
- · Cocoa powder
- Baking mixes
- · Frozen fruit for baking
- Cereal
- · Disinfecting wipes
- 28 housecoats
- · Indoor grill
- Dishes and coffee mugs (3-4 dozen of each)
- Glassware
- Fresh fruits and vegetables



Volunteer Katrina prepares lunch for a family at the Ronald McDonald Family Room with a brand new set of pots and pans donated by our friends at TD Waterhouse Private Client Services.

We are always grateful for donations of gift cards! Please keep us in mind if you have cards for gas stations, grocery stores, movie theatres, toy stores, restaurants, or long distance phone companies. They help us keep our operating costs at a minimum.

Thank you for your support!

The following organizations and individuals have contributed through cash donations from November 2012 through March 2013.

Up to \$49

Eva Adams A.N.A.F. 10 Ladies Auxilary William Antonow Atlas Graham Industries Nicole & Vince Baker Bill & Amelia Barboni Jean Barratt Reesa & Mervin Beckelman Thomas & Doreen Beggs Susan & Alan Bell Robert & Betty Bell Roxzanna Berard Kevin & Lisa Bergen Cassandra Bird Carol Boucha Gemping Cao Edith & Thomas Checkley Cynthia & Mike Chudyk-Collins Wanda Church Alvin & Anna Combate Rochelle Cook Lise Cyr Mary Betty Dahl Shirley Delmage Nancy Delong Irene Dickson Irene Draper Michael Dube Tammy Ducharme Patricia & Donald Duncan Aaron & Randee Goldman Pamela Gwyer James Hamilton Sandra Hancock Stan & Judy Hardy Stacey & Nelson Houle Shirley Hurst Denise & George Ketter The Kewley Family Miles & Bonnie Kushner Charlotte Leclaire Linden Meadows Social Committee Anne Loewen V. Lovatt Manitoba Lotteries Corporation Susan Mark Diana & Pat McBratney William & Barbara McCartney Bonnie McDonald Donald McDonald Dorothy & William McKenzie Bill McMullan Miami Lions Club Claudette Mitchell Fave & Ken Mitchell Mary Ellen Morrison MTS Volunteers Kerry Mushumanski Ashley & Josh Pollock Carol Prosk Fred & Vera Ralke Michelle Ramilo Valerie Rollins Royal Canadian Legion #10 -Boissevain Branch Denyse Saloranta Neil Sabourin

Georgianna & Jason Schuurman

June Seaguist Patricia Spiring **Evelyn Staples** Muriel Sutherland Thompson Dorfman Sweatman United Way of Calgary-Donor Choice program Leo & Eliane Vincent Susan & Edward Zwingerman

\$50 - \$99

Fran Allan Leslie Anderson Anonymous Margaret Barbour Raymond & Mary Benson Liam & Erin Boiteau Charline & Darrell Bradley Nicole Burnett Sydney Cardy Myra Cherewyk Marion Chewings City of Dauphin DAVIDSTEA Diane Sparrow De Grave Lorraine & Frank Devenney **Donors Choice Combined Appeal Denis Dupuis** Irene & Doug Fisher Kyle & Alycia Fortune Chuckrey Lydia Funk Lindsey Hoogsteen Gordon & Marilyn Hornan Paula Hrycak Dennis & JoAnn Hudson Investors Group Matching Gift Program Cindy & Darcy Isaac Robert & June Jackson Delilah Kippen Don & Jenny Kline Sandra Knight Karen & Irwin Kumka Judy Limpright Lori Lomonico Elizabeth Longe Susan Mainella **Shelley Marcus** Barbara & Peter Marino Roger & Pat McNeill Merry Makers Cindy and Brian Michaleski Cathy Miller Dorothy Miller Ella Mitchell Kristin & Steve Mitchell Jack & Phyllis Mutton Theva Nault Noventis Credit Union Ltd. Kathleen Oliphant Kathleen Palson Barry & Christine Panas Jazreel Peters Pinawa Lions Club Guy & Nicola Pounder Wayne Reutlinger Dale & Pat Randle Royal Canadian Legion #79 - Oak

Lake Branch

Bette & Edward Rutherford St. George's Anglican Church Alma & Ray Sigurdson Donna Smith Tamara Speirs Shannon Swartz Joseph Sydorko Ian Thomson Robert & Grace Torrance University of Manitoba Wallace Community Club Mary & William Zabloski

\$100 - \$249

99ers Hockey Club Air-Rite Inc. Lisa Albrecht Alpha Iota Sorority - Winnipeg Alumnae Chapter Army Navy & Air Force John OSB Artistic Dental Ceramic Ltd. K. Dean & Tina Austin Louis and Maria Baltus Joe, Vigdis & Bruce Bauernhuber Cherrubie Bautista-Chan & Hugh Ka Kuen Chan David & Karen Bieber Allison & Colin Bourgouin Lynda & Barry Brown **Brigitte Burd** Beven & Majorie Burnell Olive & Neil Cameron Chapman Goddard Kagan Cholakis Dental Marilyn De Von Flindt Brvan Dvkes Emerson Milling Tamara Faurschou Adolf & Marijke Feddes Tim & Marilyn Funk Jennifer & Kyle Galbraith Glenora Community Boosters Allison & Lionel Hawryliw Margaret Helgason Greg & Val Hutsal I.B.E.W. Local 2085 Pat & Al Jacksteit Duane Kent Borvs Kozak La-Z-Boy Furniture Galleries Manitoba Public Insurance Corporation Derwood & Frances Mann

Danielle & Guy Marion Bernice Susan Mavne Sherree McLenehan Jayne Murphy Murray Nagler NumberTEN Architectural Group Barrie Ottenbreit Debbie Orvis **Overland Truck Campers** Partnar Animal Health Lori & Leelan Pearson Pembina Physiotherapy Susan Prescott Lisa Pringle Public Health Agency of Canada Lisa Radlinsky

Donald Ransom Danielle & David Reed Margaret Robertson Julie Strong Tracy Smith Swank Boutique Cheryl Telford United Way of Greater Toronto Joan Vanheselaere

\$250 - \$499

Air Wise Inc. **Beaumont School** Anita Berdert Feleasha Bott Kim & Wade Desserre Harold Dueck Brenda & Michael Evans Giroux UFM Co-Op I.O.D.E. De Winton Chapter James Valley Colony Farms Ltd. David & Lorissa Martens John & Yvonne Mavins Simone Orzechowski Pembina Colony Puma Grand Prix Gary & Pam Robbins Stead & Area New Horizons Senior Vickar Community Chevrolet Roger & Kathy Yost

\$500 - \$999

Cossette Communication Group Direct Plus Food Group Dr. Emmett & Karen Elves Henry & Loretta Enns Lowe Mechanical Services Ltd. Manitoba Blue Cross Royal Canadian Legion #60 - Souris Branch Sanford Collegiate Sierra Systems Group Inc. Tractus Proiects Ken & Carrie Wai

\$1,000 - \$2,499

Anonymous Deloitte & Touche LLP The Ernst Hansch Foundation Inc. **Friesens Corporation** International Brotherhood of Electrical Workers Melissa & Greg Krahn Estate of Olga Kowalsky Main Street Seniors Manitoba Egg Farmers Mike Vanderhorst Wawanesa

\$2,500+

Cargill Seeds & Oils John Kennedy Rotary Club of Winnipeg -Assiniboine Manitoba Hydro - Brandon

We are grateful for the ongoing support from McDonald's Restaurants through Ronald McDonald House Charities® of Canada. This equates to about 30% of our operating budget and helps reduce our expenses so we can keep more families together.